

SUBSCRIBE TO FLEX MAGAZINE

and you will receive this fantastic **Multipower Professional Gift Box***

Each box contains a Technical Brochure and the following sachets:
 1x Pure Whey Isolate 100
 1x NOxtreme Extreme Workout
 1x All-in-one Xplode Muscle Growth
 1x 100% Whey Protein
 1x Muscle Effect



MULTIPOWER Professional

* Gift offer applies to direct debit subscribers only



SUBSCRIBE BY POST

SIMPLY FILL IN THE COUPON >>>

Post back to: FLEX, Freepost, MID 06024, Market Harborough, LE17 7BR

SUBSCRIBE ONLINE

www.subscription.co.uk/flex/f110

or see www.flexonline.co.uk for more details

SUBSCRIBE BY PHONE

PHONE 01858 435346

Open: Weekdays 9am-9.30pm, Saturday 9am-4pm



The Bodybuilder's Bible

Subscribers get it all:

- ✓ The world's number 1 hardcore bodybuilding magazine
- ✓ FREE Multipower Professional Gift Box
- ✓ Delivered to your door
- ✓ Never miss an issue
- ✓ Save over 30% on newsstand price
- ✓ Get your issue before it hits the shops

www.flexonline.co.uk

PLEASE COMPLETE AND RETURN TO:
**FLEX, FREEPOST, MID 06024,
 MARKET HARBOROUGH, LE17 7BR**

YES! Please start my subscription to 'FLEX'!
 Gift offer applies to Direct Debit subscriptions only.
 Other payment methods available but without the free gift.

PERSONAL DETAILS - ALL SUBSCRIBERS TO COMPLETE

Name

Address

Postcode

E-mail

Telephone

*Telephone number required at point of order to enable delivery of gift.
 If this subscription is to be a gift for a Member's family member please subscribe online at: www.subscription.co.uk/flex/f110

PAYMENT OPTION 1 - INCLUDES FREE GIFTS

I would like to pay by Direct Debit.

£16.47 every 6 months (6 issues).

My FREE gift(s) will be Multipower gift box - content listed on opposite page

INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT		DIRECT DEBIT
Weider Publishing Ltd, Lower House, Scaevole Park, Lathall Street, Market Harborough, Leics, LE16 9EF		Originator identification Number: 836317
To: The Manager, Bank/Building Society	Reference Number: <input type="text"/>	Subscription Payment Building Building Ltd Info: We pay Weider Publishing Ltd Direct Debit from the account details in this instruction (see the sub paragraph in the Direct Debit Guarantee). I understand that this instruction remains valid until I notify Weider Publishing Ltd and if my details for your subscription to any Weider Publishing Society
Address: <input type="text"/>	Postcode: <input type="text"/>	Signature(s): <input type="text"/>
Name(s) of Account Holder(s) <input type="text"/>	Account Number: <input type="text"/>	Date: <input type="text"/>
Branch Sort Code: <input type="text"/>	Account Number: <input type="text"/>	
Bank & Building Societies may require a Direct Debit for some types of account		

PAYMENT OPTION 2 - NO FREE GIFTS

Please send me the next 12 issues of FLEX (1 year)

I enclose a cheque or postal order for £32.97

made payable to 'Weider Publishing Ltd'

OR Please charge my debit/credit card with £32.97

MASTERCARD VISA MAESTRO

CARD NO:

EXPIRES: / VALID MONTHS

PLEASE NOTE THAT WITH ANY PAYMENT OPTION I WILL NOT RECEIVE THE FREE GIFTS SHOWN ON THE AD

Please fill in the card details if you wish to be charged by card. Please fill in the card details if you wish to be charged by card. Please fill in the card details if you wish to be charged by card.

Offer available to UK subscribers only. Limited stock. The maximum number of subscriptions is 12 months. Subscriptions may be cancelled at any time. All dates subject to change without notice. Please allow 28 days for delivery of gift.

FLEX 1764